

**Survey results from four hour in-person training in May, 2024, Ontario, Canada: Activated Learning, Laurie Faith**

What is one thing you learned that you could use tomorrow?	What is one thing that you would like to use next year?	What struck you as most important about this training?	Compared to other professional development sessions, please rate this experience today? (1 being room for improvement, 5 being outstanding)	Please provide a brief explanation to your rating.
Barriers and Strategies talks	EF Field Trip	Building relationships. Training EFs	4	Strategies I can use right away in the classroom.
Working on understanding a students needs and filtering my responses to my students.	Catch and releases at the start of the week and the end of the week to gage how students are feeling.	Different ways of learning EFs that we can use with our students and how to can adapt them to fit specific needs.	5	This was helpful to our roles. It covered all roles and as not a specific focus for only teaching staff.
Identifying barriers and focusing on strategies	Use this to help me in understanding the students in front of me next year, what EF's are impacting their actions/behaviour, as I transition into admin. Ensuring that I make students feelings validated.	validating through listening, from there identifying the barriers and creating strategies	4	Material is extremely important for ensuring student success and applicable to all students, very informative, good balance of instruction, discussion, and sharing throughout. Thank you for not just talking at us and thank you for hearing our voice and validating experiences etc.
I loved the Field Day! I'm going to use that in my Junior class next year.	I made a HUGE list of things that I would like to do next year. The field trip is going to be something I do over the first month of school next year. Laurie's idea about using a journal book to reflect daily on EFs, Monday morning walk/circle, Google form for Learning Skills, Hygge time at the end of the day...	Give myself permission to put aside the pressure of curriculum and to put relationships and reasons why our students are feeling/acting the way they are more at the centre.	4	

Sharing Circle	Everything!!! I need all of her knowledge and expertise to come to our school and help me	Validating Feelings	5	Engaging, involving. Allowing us to feel comfortable to share what we are thinking/feeling and coming together to show us tangible, concrete strategies we can use.
Discussing Executive Functioning more in daily class discussions.	E.F Field Day	That we are all trying to make connections with our students and help them learn the best they can. We validate their feelings and our own as well.	4	It was a little lacking of new info in the afternoon session.
The games outside - rock paper scissors, and function activities	I will continue to use the barriers and strategies method to support student engagement.	We are all in the same boat.	5	We were able to move, the activities were relevant to our students, the comments made by other teachers was informative.
Learning to listen to what the child identifies as a barrier and then helping them brainstorm a solution	Introducing circles and catch and release into the school as a community norm	How important it is for all types of staff to buy in, not just the teachers	5	How responsive Dr Laurie was in encouraging any responses from the staff present, it made a clear example of how to present these topics to students, but made us feel positive as well.
BSPs, "Catch and Release" circles, EF Field Days	BSPs, "Catch and Release" circles, EF Field Days as well as some activities at the staff level to promote a more positive and supportive work environment	It's about building relationship. Knowing your learners really well means that you can respond appropriately when they move away from their baseline.	4	It was amazing. I don't give 5's for much! It could be a little longer, to be honest - I would also like to see it as a mandatory development for classroom teachers.
Love the idea of the circle and talking about how each student is feeling. Also really like the idea of teaching one executive function at a time and perhaps focusing on that.	Really going to focus on teaching language to my kinders and getting them to recognize that we all face barriers and may have different solutions, to help with the understanding of our students who have alternate learning styles.	Building relationships!!!! This is honestly one of the best tips I was given earlier on in my career. This is always a focus in September in Kindergarten, but I am finding I need to re-build these relationships again now.	5	All the information was relevant and applicable. And the games were an added bonus even for one who has anxiety issues about meeting new people.
the activities to make student aware	The activities and the process	that it is a journey	4	

Barriers, Strategies Protocol and the observational tool/chart	BSP and the observations chart and the Field Trip!	That changes only need to be small to be meaningful	4 The day wasn't long enough! There was so much amazing things happening I wish we had have had more time to do it all, talk and share more, etc! Good problem to have!! Thank you for the opportunity to learn from and with Dr Faith!
I think the importance of providing time and space to allow for student voices to be heard. Creating an environment that fosters positive relationships to further facilitate an inclusive classroom. The importance of validating and understanding behaviour as a response to trauma rather than trying to redirect or "fix" the behaviour.	Allow for more opportunities where students are able to share their individual barriers to help them feel validated while also allowing them to learn from others and further develop more strategies for success.	I think a big take away for me was a reminder to always be mindful of my own actions and reactions as a teacher. Thinking about and taking the time to be reflective on the individual needs to best support the group as a collective whole.	5 Laurie provides a calm and engaging environment where participants feel comfortable to take risks and share their own thoughts and ideas. She does an excellent job of tailoring her instruction in a way that is more practical and understanding to the needs of a classroom environment. She presents her information in a manner that is easily digested by those who are listening and she made me excited to learn more and apply what I had learned with my own students. She provided many tangible tasks that were modelled for us that could easily be implemented in the classroom the next day. I wish all PD days were like this - where there is information that can help us in our pedagogy and shift our mindset.
Stay Calm and ask students politely why they are sitting around, not working	Get a chart of barriers and solutions going	more full acceptance of all learners and meeting them where they are at.	5 Like what if there were interesting workshops at different schools and we signed up for the one we wanted. On the PD day we go to the schools and check out this info.
The Field Day activities are a great way to bring the EF's to life for my students	Do more of the boundaries and strategies charts/discussions with students	Everything - that EF's are relatively new and will take time to open up that part of our brains, that it takes practice and we need to "wake up" that part of our brain, creating safe space for kids to talk about their feelings and discussions around metacognition and EFs is key, everything is connected! Everything!	5 It was a great session and I got a lot out of it. I appreciate the opportunity. By far this is the best PD I've participated in so far with the board. I learned so much and all of it was simple, relatable and practical. It was explained in a way that made sense, Dr. Faith gave lots of different examples and practice and did a great job of creating a safe learning environment for us educators - even online. It was awesome to learn from other educators and hear their stories and best practices. The in person day really helped me make even more connections and the Field Day

activities outside helped me remember what I was learning. Well done! And thank you for such a great opportunity!

The EF Field Day was an awesome resource to be shared and walk away with

The EF field day to get started with learning about the EF's

Recognizing student need and meeting them where they are at

5

Everything was applicable to my role and I was able to walk away with things that I could implement immediately. Although being a SERT I don't necessarily have a class to apply this to I could use it teaching and understanding of EF's with my small groups in resource as that is often the areas of need for the students I service.

Check-ins, not check lists

The play on rock paper scissors as a class warm-up

Building EF is also intertwined with building relationships.

4

I liked being able to get up and move, the time to have discussions with colleagues always helps cement concepts, and Dr. Faith is an excellent presenter that makes it relevant and accessible.

Checklists for strategies used in BSP

Barriers and Strategies Protocol

Using feedback, curiosity, validating emotions

4

Laurie is a very engaging speaker, and it was nice to have someone who has worked as a teacher before give usable strategies and information.

My role next year focuses on student success and I think that being able to bring EF into to discussions and encouraging understanding will be important for students. I am not sure what the role looks like at this moment but I do want to try to incorporate it where I can!

I think this training fills a gap. Many of our students who are diagnosed with ADHD or other learning disabilities will ;struggle with these things but the reality is that it is good for all students to understand themselves as learner. I think just allowing opportunities for those discussions, for other teachers to share what has worked for them has just been super valuable professional development.

5

I often leave PD sessions feeling like I didn't get a ton out of it. This is one that I felt was really valuable and I can actually use it!

<p>Asking kids about their EF in a way that is seeking more information. "Can you tell me why you need that right now?" "I see you like to hide, How does that help you"</p>	<p>Barriers and Strategies table</p>	<p>Letting the students share their reasoning behind their EF choice. (hiding, big movements etc.) Asking the student to tell you more about how it is helping them and how it is allowing them to work through their feelings.</p>	<p>5</p>	<p>This was one of the best PDs I have had the opportunity to participate in. Laurie got us outside and moving and kept the PD very engaging through examples, discussions and giving us opportunity to share our connections. She created a very safe space where people felt comfortable to share their experiences with challenging situations and other educators were able to provide steps to try. If the opportunity to participate in another PD session with Laurie ever came up in the future, I would be very interested in participating. Thank you for an awesome PD!</p>
<p>To pause and think of how I approach and speak with studies who might not be following (what we call) the normal rules</p>	<p>I would like to integrate the Field Day experience into my Library classes.</p>	<p>All the group discussion and the engaging activities. It is one thing to understand it through reading and studying but to actually participate in activities that highlight these functions and make you see the barriers and then have to think about the best strategies to use was amazing and enlightening.</p>	<p>5</p>	<p>This is one of the very first PD's that I have walking away from feeling like I understood and can go forward to share with others. If more PD was presented in this engaging way so much more would be absorbed! Because it wasn't delivered by xxx staff to xxx staff - the majority of whom have little experience outside of teaching - which sometimes feels overly scripted and has a narrow focus that doesn't reflect the lived experience or needs of the specific grade(s). (*This is not a blanket statement for all xxx presenters; it's just an observation that many PD sessions are repetitious and not in line with current challenges or topics of interest.)</p>
<p>Report Card Comment Development</p>	<p>Intentional integration of EF development through BSP approach.</p>	<p>That it was interactive &amp; engaging and from a person outside of XXX, who didn't focus on "XXX", rather, maintained the focus through generalization, with some relevant topics (i.e., report card writing)</p>	<p>5</p>	
<p>We can teach students how to use strategies effectively when faced with barriers. Use of Protocol: Whole class discussion of barriers and strategies</p>	<p>Field Day and learning skills checklist based students' ability to apply strategies</p>	<p>How important it is to validate feelings and to understand EFs.</p>	<p>5</p>	<p>I love Dr. Faith's approaches to support students learning and success! This was one of the most interactive and engaging professional development that I have been lucky to experience. Dr. Laurie Faith ensured that the learning was relevant with examples and explanations that made sense and offered deeper insight to ensure clarity.</p>
<p>Continuing the use of validation and naming and noticing emotions.</p>	<p>Having more group conversations around executive functioning.</p>	<p>The field day was extremely fun and informative and I think that having students participate in activities like this truly show and support their learning with metacognition.</p>	<p>5</p>	

